



IDENTIFY YOUR KARMIC ROLE(S)

READ THROUGH EACH ARCHETYPE. MARK ANY THAT FEEL FAMILIAR. THEN CHOOSE 1–2 THAT FEEL MOST ACTIVE IN YOUR CURRENT LIFE.

1. THE MARTYR

SIGNS:

- Constant self-sacrifice
- Feels responsible for everyone's emotions
- Believes love must hurt
- Suppressed resentment

CORE WOUND:

Unworthiness

SOUL GIFT:

Compassionate service from overflow

MANTRA:

"When I'm full, my giving becomes sacred."

2. THE PERSECUTED MYSTIC / WITCH

SIGNS:

- Fear of visibility or spiritual expression
- Hides intuitive gifts
- Mistrusts authority

CORE WOUND:

Shame and suppression

SOUL GIFT:

Sacred leadership and truth-speaking

MANTRA:

"It is safe to be seen in my sacredness."

3. THE SAVIOR / RESCUER

SIGNS:

- Feels responsible for others' healing
- Attracts needy relationships
- Avoids self by over-helping

CORE WOUND:

Disempowerment

SOUL GIFT:

Empowered guidance without enmeshment

MANTRA:

"I trust others to find their way—I am here to hold space, not save."

4. THE ABANDONED CHILD

SIGNS:

- Feels unseen or rejected
- Fear of being left
- Over-attaches in relationships

CORE WOUND:

Separation

SOUL GIFT:

Divine belonging and inner wholeness

MANTRA:

"I belong to myself. I am never truly alone."



IDENTIFY YOUR KARMIC ROLE(S)

READ THROUGH EACH ARCHETYPE. MARK ANY THAT FEEL FAMILIAR. THEN CHOOSE 1–2 THAT FEEL MOST ACTIVE IN YOUR CURRENT LIFE.

5. THE SILENT ONE / SUPPRESSED VOICE

SIGNS:

- Holds back truth to keep peace
- Believes words don't matter
- People-pleasing, throat tension

CORE WOUND:

Repression

SOUL GIFT:

Healing communication

MANTRA:

"My voice is sacred. My truth deserves to be heard."

6. THE OUTCAST / BLACK SHEEP

SIGNS:

- Feels "othered"
- Distrusts community
- Lone wolf or hides spiritual identity

CORE WOUND:

Exile

SOUL GIFT:

Bridge between worlds

MANTRA:

"I am the bridge. I guide others home through my authenticity."

7. THE OVERACHIEVER / PERFORMER

SIGNS:

- Driven to prove worth
- Avoids rest
- Emptiness after achievements

CORE WOUND:

Insecurity

SOUL GIFT:

Aligned purpose without performance

MANTRA:

"My worth is inherent. My purpose flows from soul, not striving."